



MOVEMENT, ART AND THERAPY
LA SEMANA DEL ENCUENTRO

directed by Graciela Figueroa and her team

a 7-day retreat in nature:
for your body, your heart and your being.

20-27
July
2026



Casa Pallotti Spa
(Euskadi)

Registrations and information:

lasemanadelencuentro@rioabierto.es

Tel. +34 678 424 775 | +34 610 256 668 | +34 685 032 905

lasemanadelencuentro.rioabierto.es



7 days for you: for your body, your heart and your being.

Summer 2026
from July 20 - 27 July

La Semana del Encuentro: a **retreat of movement, art and therapy** accompanied by **Graciela Figueroa** in an **idyllic natural environment** with **Rio Abierto system's tools**.

A workshop-meeting and encounter whose main objective is to **deepen in the development of the being** through dance, movement, dramatisation, silence, meditation, massage, voice, music, plastic arts and the therapeutic tools of integration and psycho-corporal harmonisation of Rio Abierto system. It integrates the **psycho-corporal therapeutic vision, creativity in art and expressivity** and the **transpersonal and spiritual approach to the human being**.

It is aimed at people linked to the areas of health, education, art, communication, social and sociocultural fields, and all those who wish to deepen their own process of personal development and want to improve their relationships with themselves, with others and with the universe.



dirigida

graciela figueroa

The retreat is directed and taught by artist and therapist Graciela Figueroa, born in 1944 in Uruguay.

She started dancing as a child and since then she has been involved in the **performing arts**, working as a **dancer, actress, choreographer and director.**

As a **therapist**, she is part of the beings, institutions and people who have decided to **live in the vibration of love that embraces fear**. She currently directs the Espacio Movimiento Río Abierto in Spain, and also the Espacio de Desarrollo Armónico Río Abierto in Uruguay and she is a member of the board of Rio Abierto International.

She is a **creative and enthusiastic** woman who works in **art, education, health and coexistence in different countries**. Her work has been recognised by the Guggenheim Foundation with the Fellowship of Latin America and by the America Fellowship and by the Bank of Boston Foundation as "Teacher of All Time" in dance. Not only has the Teatro Solís named her as "Patrimonio Cultural Vivo" (Living Cultural Heritage), but she is also recognised as an "Illustrious Citizen of the city of Montevideo. She is also a member of the Uruguayan Dance Council of UNESCO, she is an ambassador for peace and president of the Graciela Figueroa Foundation for Peace.



Team of therapists



Norma Dipaola

Gestalt Therapist (EMTG) and Instructor of Movement, Psycho-corporal therapy and Transpersonal Therapy for Harmonious Development. Teacher in the Espacio Movimiento Río Abierto Spain. Co-director of Espacio Río Abierto Madrid. Member of Río Abierto International. Directs Therapy Space Estima. Psychology of the Enneatypes SAT with Dr. Claudio Naranjo. Integrative Clinical Psychotherapy (IPETG). Trained in Bioenergetics, Psychodrama. Group Dynamics. Work with parental figures. Hoffman Process. Anxiety disorders with Alejandro Napolitano. Yoga teacher recognised by the International Sadhana Yoga Federation. Therapeutic massage with Carmen Martín.

Pedro González

Teaching director in Espacio Movimiento Río Abierto Spain. Co-director of Espacio Río Abierto Madrid. Gestalt Therapist trained in EMTG. Creativity with Paco Peñarrubia. Teacher at Corazza Studio for the Actor. Trained in Authentic Movement with Betina Weissman, in Integrative Psychotherapy and Enneagram - SAT Programme - and in therapeutic Massage with Carmen Martín.



Betlem Casanova

Graduate in Physical Education (INEFC Lleida), specialised in psycho-corporal techniques and activities in nature. Psycho-corporal therapist and transpersonal therapist of Río Abierto System. Teacher at Espacio Movimiento Río Abierto Spain. Director of Espai Delta and Río Abierto Catalunya. Member of Río Abierto International. LNT therapist. Trained in psycho-corporal work in the light of the birth metaphor with Sherif Chalakani. Chalakani, pranic healing, vibrational healing, Bach and Californian flower therapy, holistic Kinesiology, family constelations and somatic attachment psychodynamics. Trained in artistic and body techniques, clown, dance-contact, creative dance and theatre.





Nature, peace and well-being

📍 Casa Pallotti Spa (Basque Country)

The retreat La Semana del Encuentro 2025 will take place at the Casa Pallotti Spa Resort, a **natural space of peace and wellbeing** located in the lush Carranza Valley, 50 minutes away from Bilbao, and bathed by the **mineral-medicinal waters** of the springs of Molinar Thermal Baths.

A place to relax in nature and enjoy delicious traditional Basque food.

The retreat includes free access to the spa area with swimming pool and baths. For the rest of the circuits, jets, massages, showers, etc. check rates at this [link](#) and [here](#).

Enjoy, connect and disconnect in one of the best spas in Europe.



Prices

Single Room	Double Room	Triple Room
1.298€ or 1.169€ with 10% discount	1.200€ or 1.080€ with 10% discount	1.137€ or 1.024€ with 10% discount
<ul style="list-style-type: none">• 675€ workshop + 623€ accommodation• 7 day retreat in nature• Movement, art and therapy workshop• Full board• Swimming pool and garden	<ul style="list-style-type: none">• 675€ workshop + 525€ accommodation• 7 day retreat in nature• Movement, art and therapy workshop• Full board• Swimming pool and gardens	<ul style="list-style-type: none">• 675€ workshop + 462€ accommodation• 7 day retreat in nature• Movement, art and therapy workshop• Full board• Swimming pool and gardens

Terms and Conditions:

- All prices are per person.
- A 10% discount will be applied to the price of the workshop for students of Rio Abierto in Spain and people with a Rio Abierto National or International membership by providing proof of payment of the current year's membership.
- To reserve your place, you must pay 200€ (or 185€ with a 10% discount) by bank transfer.
- The remaining amount will be paid at check-in.
- The registration fee is non-refundable.
- Rooms are chosen and filled in strict order of registration.
- Students who take the "TSS" only pay the price of the accommodation.



SUMMER 2026
LA SEMANA
DEL ENCUENTRO
directed by
Graciela figueroa and her team

[REGISTER HERE](#)



lasemanadelencuentro@rioabierto.es
Tel. +34 678 424 775 | +34 610 256 668 | +34 685 032 905
lasemanadelencuentro.rioabierto.es